

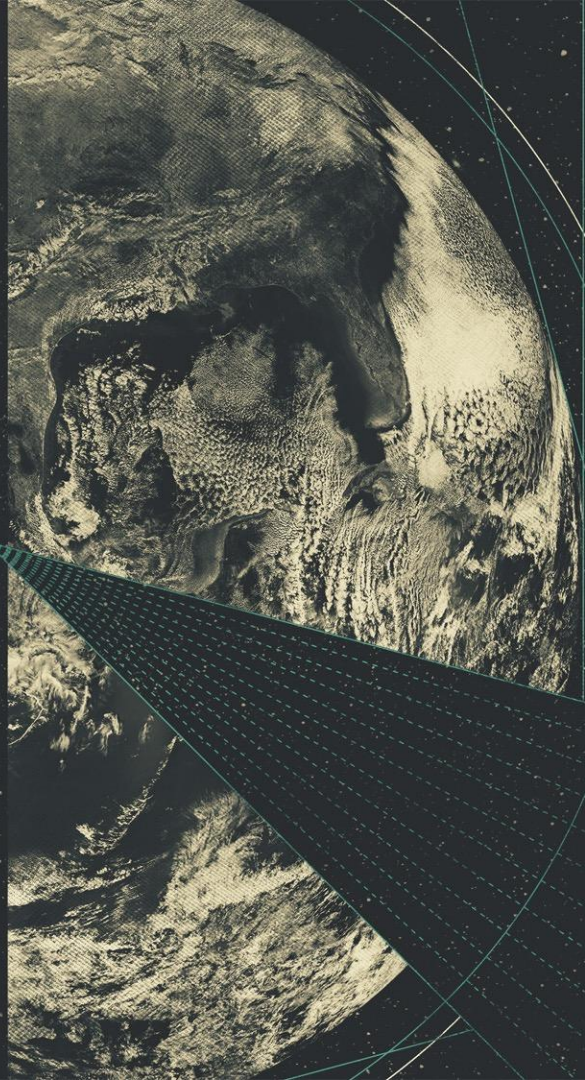


Spiritual Disciplines of a Christ-centered Life

# ELEMENTS

W

E



The background features a dark, star-filled sky with a complex network of thin, light-colored lines representing celestial coordinates. A large, curved, textured band, possibly representing a celestial equator or ecliptic, arches across the scene. In the top-left corner, a portion of a bright, cratered celestial body, likely the Moon, is visible. The central text is contained within a semi-transparent rectangular box.

# Classical Elements

Earth  
Wind  
Fire  
Water  
Aether (Space)

Aether (Space)

Water

Fire

Wind

Earth



# Spiritual Disciplines

## *Inward*

Meditation  
Prayer  
Fasting  
Study

Study  
Fasting  
Prayer  
Meditation



# Spiritual Disciplines

## *Outward*

Simplicity

Solitude

Submission

Service

Service

Submission

Solitude

Simplicity



# Spiritual Disciplines

## *Corporate*

Confession  
Worship  
Guidance  
Celebration

Celebration  
Guidance  
Worship  
Confession



## Classical • Spiritual

Earth = Bible Study  
*Symbolizing the foundation  
of a Christ-centered life,  
providing us stability and  
grounding in our faith.*

grounding in our faith,  
providing us stability and  
of a Christ-centered life,  
symbolizing the foundation

# Top 7 Benefits of Bible Study

It will give you strength & courage (Joshua 1:7-9)

It will bless you with a productive life (Psalm 1:1-3)

It will help you discover & desire to do God's will (Psalm 40:6-8)

It will help you avoid sin (Psalm 119:11)

It will lead you to make good choices (Psalm 119:105)

It will teach & train you in righteousness (II Timothy 3:16)

It will help you mature in the practice of faith (I Peter 2:2)

# How to Study the Bible

## *Read It*

Privately

Daily

Prayerfully

Երանելիին

Ըսելով

Երանելիին

W

E





# How to Study the Bible

*Consider It*

With Friends  
In Groups  
At Church

At Church  
In Groups  
With Friends

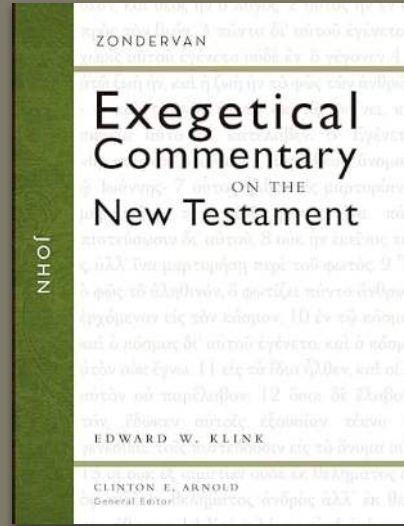
# How to Study the Bible

*Memorize It*



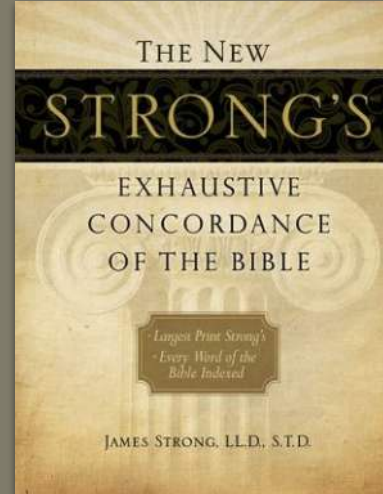
# Types of Bible Study

*Expositional*  
Study individual  
books of the  
Bible, verse by  
verse.



# Types of Bible Study

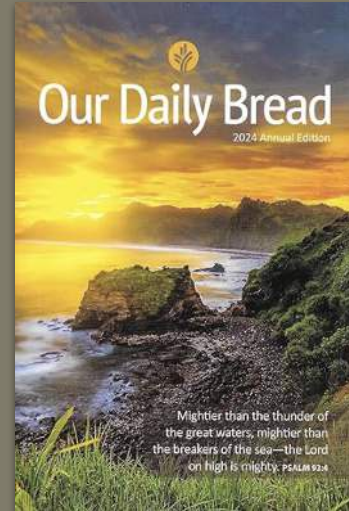
*Topical*  
Study varying  
topics of  
personal or  
group interest.



# Types of Bible Study

## *Devotional*

Read & reflect  
daily for  
inspiration and  
encouragement.





# Inductive Method of Bible Study

## *Observation*

Pray  
Read  
Reflect

Reflect

Read

Pray

Observation



# Inductive Method of Bible Study

## *Interpretation*

Consider the Author's Intent  
Put Yourself in the Passage  
Use Your Common Sense

Use Your Common Sense  
Put Yourself in the Passage  
Consider the Author's Intent

*Interpretation*



# Inductive Method of Bible Study

## *Application*

Transcendent Truth(s)?  
What's It Mean for Me?  
How Should I Respond?

How should I Respond?  
What's it Mean for Me?  
Transcendent Truth(s)?

*Application*



The background features a dark, starry space scene. A large, detailed view of the moon's surface is visible in the upper left and lower right. A portion of the Earth's horizon is seen in the upper right. A complex grid of thin, light-colored lines, representing celestial coordinates, is overlaid on the entire scene. The letters 'W' and 'E' are placed on the left and right sides of the grid, respectively.

# Practice Bible Study

## OBSERVATION

"I can do all things through Christ who strengthens me."  
(Philippians 4:13)

# Practice Bible Study

## OBSERVATION

"Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord this way, dear friends." (Philippians 4:1)

**Ask:** What way?

**Note:** Therefore is a transition word... Go back to 3:20, 21

# Practice Bible Study

## OBSERVATION

"But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ, who, by the power that enables him to bring everything under his control, will transform our lowly bodies so that they will be like his glorious body." (Philippians 3:20, 21)

# Practice Bible Study

## OBSERVATION

"Rejoice in the Lord always. I will say it again... Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." (Philippians 4:4-7)

# Practice Bible Study

## OBSERVATION

"I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want."  
(Philippians 4:11, 12)

The background of the slide features a dark, starry space scene with a large, detailed view of the moon's surface. A complex grid of thin, light-colored lines is overlaid on the image, resembling a celestial or astronomical chart. The letters 'W' and 'E' are visible on the left and right sides of the grid, respectively. The text is presented in white, sans-serif font within semi-transparent grey rectangular boxes.

# Practice Bible Study

## OBSERVATION

"I can do all things through Christ who strengthens me."  
(Philippians 4:13)

# Practice Bible Study

## INTERPRETATION: QUESTIONS TO ASK

Wouldn't I be anxious in jail?

Why is Paul telling them to rejoice and be thankful?

How is it that Paul is at peace?

What is his secret for being content?

***A: His hope and strength comes from trusting Christ.***

# Practice Bible Study

## APPLICATION

In times of trial, stress, burden, I can:

1. Rejoice in my salvation (3:20, 21)
2. Experience peace through prayer (4:6, 7)
3. Learn to be content in Christ (4:11, 12)
3. Find strength by trusting God (4:13)





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